

Robyn Linn

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Lifestyles College for Development (Delray Beach, FL)

Nutrition & Mind-Body Coach: July 2011-Present

- Leading successful group therapy sessions in a rehabilitation environment
- Relating powerful techniques to prevent relapse, identify triggers in addictive behaviors and heal the mind-body connection for inner peace and happiness
- Educating on nutrition, meditation, relaxation and mindful awareness

Vegetarian Times Magazine

Contributing Writer: December 2009-January 2011

- Sent on location to write travel articles focusing on nutrition and wellness

Yoga Magazine (London, UK)

Contributing Feature Writer: December 2008-January 2011

- Pitched original ideas for feature articles on wellness and nutrition
- Conducted interviews with high-profile celebrities, philosophers and scientists

Holistic Lifestyles Radio (Boca Raton, FL)

On-Air Host & Producer: August 2008-January 2009

- Conducted live interviews with expert, nutritionists, chefs and restaurateurs to discuss in-depth topics on nutrition as it relates to disease prevention
- Featured show themes include Raw Vegan Cuisine; Colon Hydrotherapy; Vegetarian Nutrition; Digestive Health; Supplements and Nutritional Health

SOBeFiT Magazine/MPG Publishing (Miami, FL)

Executive Staff Writer: March 2008-June 2009

- In charge of producing and writing 12 regular sections in the topics of health, nutrition, fitness and sports; Created my own spread, "Stress Less"
- Established fitness and stretching routines; directed models for shoots
- Produced a nutrition section and recipe corner using top-tier chefs/nutritionists
- Secured/interviewed high-profile celebrities, professional athletes and CEOs

The Miami Herald (Miami, FL)

Copywriter: May 2007-February 2008

- Created fresh copy for the newspaper and top clients for the Ad Department

Florida Travel + Life Magazine

Contributing Writer: August 2007-April 2008

- Writing feature articles in travel, wellness and nutrition

Aventura Magazine (Miami, FL)

Contributing Writer: April 2007-April 2008

- Wrote feature articles and attained top sources for features on the NFL, NASA, Dow Jones takeover, Eco Footprint and New Orleans redevelopment

Ulectra Electrical Technologies (Miami, FL)

PR/Marketing Consultant: August 2003-March 2007

- Established an extensive market research portfolio and branding campaign
- Developed an alliance with engineers to establish a partnership and manufacturing contract with the international company, General Cable

City of Coral Gables Television (Coral Gables, FL)

On-Air Talent/Producer/Editor: June 2006-March 2007

- Created and hosted a lifestyles, health, nutrition and wellness production
- Produced a 30-minute television production from cradle to grave
- Trained in DVCPRO, Final Cut Pro & Avid editing software

Education

University of Miami (Coral Gables, FL)

Bachelor of Science in Communication (2003)

Journalism & Creative Writing Double Major

Awards

- Gold Davey Award: Excellence in New Programming (On the Scene, 2006)
- FMA Charlie Award: Printing Excellence (SOBeFiT Team, 2009)
- FMA Charlie Award: Best Department (Robyn's "Coach's Corner"/SOBeFiT, 2009)

Community Involvement

- Milagro Center, Delray Beach: Yoga Instructor to Children
- Longmeadow Middle Schools: Competitive Cheerleading Coach
- Hospice: Vocal Healer (singing) to patients

Interests & Certifications

**Sivananda Yoga Vedanta Centre
(Nassau, Bahamas)**

Certified Teacher of Yoga/Yoga Siromani
(2007)